

SEXUAL ASSAULT DRUGS

- Common sexual assault drugs are GHB, Ketamine and Benzodiazepines (which includes Rohypnol & Valium).
- They are colourless, odourless and tasteless and very dangerous.
- They have a sedative effect that is intensified by alcohol.
- They can be slipped into an unattended drink and go unnoticed.
- ✓ Take your drink to the washroom with you.
- ✓ Keep your hand over your drink at all times.
- ✓ You're better off wasting a drink than getting wasted.

SAFETY TIPS

- ✓ Trust your feelings and instincts.
- ✓ If you feel in danger, you probably are.
- ✓ Know your limits before you start to party.
- ✓ Say 'NO' clearly and definitely.
- ✓ Tell someone who you are going to be with and where you are going.
- ✓ Avoid shortcuts that are not well lit.
- ✓ Make sure your cell phone is charged.
- ✓ Bring enough money for bus or taxi and a phone call.
- ✓ If you have been assaulted, call the police and/or go to the hospital A.S.A.P.

You are NOT alone. You are NOT to blame.
Sexual Assault is NOT your fault.

RESOURCES

Canadian Association of Sexual Assault Centres

www.casac.ca

click on Anti-Violence Centres

For more information, contact:
Act to End Violence Against Women
Toll Free: 1-866-333-5942
info@acttoendvaw.org
www.acttoendvaw.org

act!
to
end

VIOLENCE AGAINST WOMEN

*but he seemed like
such a nice guy*

SEXUAL ASSAULT

Is Not Your Fault
I said NO!

why did this happen to me?

HE WAS MY FRIEND

what
should I
do now?

act!
to
end

VIOLENCE AGAINST WOMEN

WHAT IS SEXUAL ASSAULT?

Sexual Assault is any unwanted act of a sexual nature (i.e. kissing, touching, oral or anal sex, intercourse or other forms of penetration) that is imposed on another person.

Sexual Assault is an act of power and control and is against the law.

A **Sexual Assault** that occurs in a dating relationship is called date/acquaintance sexual assault.

MYTHS & FACTS ABOUT SEXUAL ASSAULT

- Sexual assault is only committed by strangers in dark alleys & parking lots.
- It's not sexual assault if the man is her boyfriend or husband and they have had sex before.
- If a woman is sexually assaulted, she is at fault if she agreed to go to a man's room or she wore sexy clothing.
- Only women are sexually assaulted.
- As many as 84% of women are sexually assaulted by someone they know.
- **YOU** have the right to decide what to do with your body at all times. If you do not want to have sex, it is your decision.
- If **YOU** did not or could not consent to having sex, it is considered sexual assault.
- 10% of sexual assault cases involve men as victims.

<MYTHS

FACTS>

FACT: Consent is saying YES without threats, coercion or emotional blackmail.

SOBERING STATISTICS

- 4 out of 5 female undergrads are victims of violence in a dating relationship. *(Statistics Canada 2006)*
- Only 6% of sexual assaults are reported to the police. *(www.wavaw.ca/informed_stats.php)*
- 60% of college age males say that they would commit sexual assault if they were certain of not being caught. *(Lenskyi 1992)*
- More than 80% of rapes that occur on university and college campuses are committed by someone the victim knows. Many of these happen in the first 8 weeks of classes. *(University of Alberta – Sexual Assault Law in Canada)*